

JODI POLAHA

Legal Name: Jodi Polaha Jones
Department of Family Medicine
East Tennessee State University
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EDUCATION

Doctor of Philosophy, Clinical Psychology, August 1998
Auburn University, AL; Specialization in Child Clinical

Master of Science, Clinical Psychology, June 1996
Auburn University, AL

Bachelor of Science, Psychology and Communication, April 1991
University of Pittsburgh, PA

POSITIONS HELD

Associate Professor, Family Medicine
Division of Primary Care Research, July 2015 to present
East Tennessee State University

Associate Professor, Psychology, August 2010 to May 2015
Assistant Professor, Psychology, August 2006 – August 2010
East Tennessee State University

Interprofessional Education and Research Committee Faculty Fellow August 2014-
July 2015; East Tennessee State University

Co-Director, East Tennessee/Southwest Virginia Predoctoral Psychology Internship
Consortium, August, 2011 to August, 2013; Stone Mountain Health Services, VA

Director, Southern Appalachian Children's Behavioral Telehealth Clinic, August, 2010 to
July 2014; ETSU

Adjunct Professor, Family Medicine, ETSU, February 2009 – July 2015

Adjunct Professor, Public Health, ETSU, September 2007-present

Adjunct Professor, Psychology, University of Alaska, Fairbanks, September 2006–2010

Associate Professor, Pediatrics, July 2005 – May 2006
Assistant Professor, Pediatrics, July 1999 – June 2005
Joint Appointment, Psychiatry, July 2004 – May 2006

Director, Behavioral Health Clinics Outreach Program, September 2000 – May 2006
Munroe-Meyer Institute, Department of Psychology
University of Nebraska Medical Center, NE

TRAINING EXPERIENCES

Training Institute for Dissemination and Implementation Research in Health (TIDIRH),
June 3-7, 2013. Competitive application and selection by this National Institute of Health and
Veteran's Administration-funded training program. Washington University, St. Louis, WA

Leadership Institute for Women in Psychology, August 2012-March 2013
Selected by the American Psychological Association to attend leadership training for mid-career
academic women.

Child Intervention, Prevention, & Service Summer Research Institute Fellow, June 5-9 2005.
Competitive application and selection by this NIMH-funded training program. University of
Pittsburgh, PA

Post-Doctoral Fellow in Behavioral Pediatrics, July 1998 – June 1999
Pre-Doctoral Intern in Behavioral Pediatrics, July 1997 – June 1998
Munroe-Meyer Institute, Department of Psychology
University of Nebraska Medical Center, NE

Psychology Extern in Developmental Disabilities, July 1996 – June, 1997
Civitan International Research Center
University of Alabama Birmingham & UAB Medical Center, AL

Practicum Student, September 1992 – July 1996
Lee County Head Start (evaluation and classroom consultation)
Five Points Schools (social skills groups and classroom consultation)
Alabama Department of Youth Services (dormitory and classroom consultation)
Auburn University Graduate Training Clinic (traditional outpatient treatment)
Auburn University, AL

Research Assistant and Summer Counselor, June 1989 – July 1992
ADD Summer Treatment Program; Western Psychiatric Institute and Clinic
University of Pittsburgh, PA; Supervisor: William Pelham, Ph.D.

CERTIFICATIONS AND LICENSES

Tennessee Psychology License with HSP designation, #2474, October, 2006

AWARDS AND HONORS

Integrated Rural Healthcare Award, 2004
Nebraska Rural Health Association
Loan Repayment Award for Pediatric Research, June 2003 – June 2005
Re-awarded June 2005 – June 2007
National Institute of Health
Silver 'U' Award, April 2003
University of Nebraska Medical Center

Outstanding Performance Award, 2001
Munroe-Meyer Institute, Department of Psychology

COMMITTEE WORK

Present

Healthy Children and Families Committee (MSHA-Wellmont Merger) (August 2015-present)

ETSU Interprofessional Education and Research Committee (August 2012- present);
Steering Committee (February 2015 – present); Chair, Evaluation Sub-Committee (January
2016 –present).

Executive Board, Collaborative Family Healthcare Association (January 2014- present)

Research Committee, Collaborative Family Healthcare Association (October 2012- present;
Board Secretary 2014, Board Co-Chair 2015 and 2016)

Past

ETSU Department of Pediatrics Research Search Committee (August, 2015)

ETSU Department of Pediatrics Social Work Search Committee (August, 2015)

ETSU Strategic Research Planning Group, Vision Subgroup Co-Chair (January 2014 –
present)

College of Arts and Sciences Non-Instructional Assignments Committee (August 2013 –
present)

Graduate Student Association in Psychology (GSAP), Faculty Supervisor (January 2008 –
present)

Planning and Development Committee, Rural Psychology Training Models Project, Virginia
Office of Rural Health (March 2010 – August 2013)

ETSU Institutional Review Board Full Member (2007-2013)

Stone Mountain Rural Workforce Development Board (2010-2013)

Center for Innovation in Rural Health (2011-2013)

Primary Care Research Day Planning Committee (2006- 2009)

[Collaborative Family Healthcare Association](#) Conference Planning Committee (2006-
2007)

Project Coordinator of Advisory Board for State of Tennessee's Early Childhood
Comprehensive Systems (TECCS) Implementation Plan. (2006 –2007.)

Advisory Board for the *Rural Child and Adolescent Mental Health Service Use* Research
Project. P.I. Craig Ann Heflinger, Ph.D., Vanderbilt University, Nashville, TN (2006 -
2007)

Committee on Standards of Practice. American Telemedicine Association Special Interest Group on Mental Health (2005 –2006)

Behavioral Health Task Force of the Rural Health Advisory Committee, Nebraska Department of Health and Human Services (2003 –2004)

The Telehealth Subgroup of the Nebraska Department of Health and Human Services Behavioral Health Reform Academic Workgroup (2004 – 2005)

Nebraska Department of Health and Human Services Behavioral Health Reform Academic Workgroup (2004 –2005)

TEACHING

Courses taught

Arizona State University

Doctorate of Behavioral Health – Culminating Project Course (3 credit hours, graduate, online)
Spring 2016

East Tennessee State University

Special Topics in Psychology: Behavioral Pediatrics (3 credit hours, graduate): Spring 2014

Ecopsychology (3 credit hours, undergraduate): Spring 2010

Rural Case Oriented Learning (3 credit hours, graduate): Spring 2008, co-instructor Spring 2009

Primary Care Psychology I (3 credit hours, graduate): Fall 2007, Fall 2008, Fall 2009, Fall 2010, Fall 2011, Fall 2012, Fall 2013, Fall 2014

Primary Care Psychology II (3 credit hours, graduate): Spring 2009, Spring 2012, Spring 2014, Spring 2015

Behavior Analysis (3 credit hours, undergraduate, live and online): Fall 2006, Spring 2007, Summer 2007, Fall 2007, Spring 2008, Summer 2008, Fall 2008, Spring 2009, Summer 2009, Fall 2009, Spring 2010, Summer 2010, Fall 2010, Spring 2011, Summer 2011

Child Psychology (3 credit hours, undergraduate): Spring 2007

Child Assessment (3 credit hours, graduate): Fall 2006

Other

The Exceptional Child (undergraduate); Old Dominion University, VA; 2005

Introduction to Psychology (undergraduate); Old Dominion University, VA; 2005

Introduction to Behavioral Pediatrics (graduate); University of Nebraska Medical Center; 2001

Single Subject Methodology (graduate); University of Nebraska, NE; 2000 2001

Research Methods in Human Services (graduate); Bellevue University, NE; 2000

Group Process (graduate); Bellevue University, NE; 1999

Research Methods in Occupational Therapy (undergraduate); College of Saint Mary, NE; 1999; 2000

Social Psychology (undergraduate); Auburn University, AL; 1995 1996

Behavioral Pediatrics: The Top Three (8 lectures; 3rd year medical students); University of Nebraska Medical Center, NE; September 2002 – November 2004

Program Evaluation (8 lectures; graduate); Bellevue University, NE; Spring 1999

Introduction to Psychology (90 lectures; undergraduate); Auburn University, AL; Fall 1992; Winter 1993; Spring 1993; Summer 1993

PUBLICATIONS

Peer-Reviewed Journals

Gouge, N., **Polaha, J.**, Rogers, R., & Harden, A. (under review). The cost-effectiveness of pediatric primary care behavioral health. *JAMA Pediatrics*.

Polaha, J., Schetzina, K., & Baker, K. (under review). A collaborative practice training model for pediatric primary care. *International Journal for Health Sciences Education*.

Published

Smith, S. C., Schetzina, K. E., **Polaha, J.**, Baker, K., & Wood, D. (2016). The Family Check-Up in a pediatric clinic: An integrated care delivery model to improve behaviors in the home environment. *International Journal of Child Health and Human Development*, 9(40), 00-00.

Polaha, J., Williams, S. L., Heflinger, C. A., & Studts, C. R. (2015). The perceived stigma of mental health services among rural parents of children with psychosocial concerns. *Journal of Pediatric Psychology*, 40(10), 1095-1104.

Gouge, N., **Polaha, J.**, & Powers, R. (2014). Bringing a behavioral health consultant to residency: Implications for practice and training. *International Journal of Health Sciences Training*, 2(2) <http://dc.etsu.edu/cgi/viewcontent.cgi?article=1011&context=ijhse>

Williams, S. L., & **Polaha, J.** (2014). Rural parents' perceived stigma of seeking mental health services for their children: Development and evaluation of a new instrument. *Psychological Assessment*, 26, 763-773. <http://dx.doi.org/10.1037/a0026571>.

Gifford, V., Niles, B., Rivkin, I., Koverola, C., & **Polaha, J.** (2012). Continuing education training focused on the development of behavioral telehealth competencies in behavioral healthcare providers. *Rural and Remote Health*, 12, 2108. <http://www.rrh.org.au/articles/showarticlenew.asp?ArticleID=2108>

Allen, S., Dalton, W. T., III, & **Polaha, J.** (2011). The relation between weight and psychosocial concerns among youth presenting in rural pediatric primary care. *Rural Mental Health Journal*, 35, 4-9.

Polaha, J., Dalton, W. T., III, & Allen, S. (2011). The prevalence of psychosocial concerns in pediatric primary care serving rural children. *Journal of Pediatric Psychology Special Edition in Rural Children's Health*, 36, 652-660.

Polaha, J., Dalton, W. T., & Lancaster, B. (2008). Parental report of medication acceptance among youth: Implications for every day practice. *Southern Medical Journal*, 101, 1106-1112.

Clements, A. D., **Polaha, J.**, Dixon, W. E., and Brownlee, J. (2008). The assessment and treatment of attention-deficit hyperactivity disorder in rural primary care: A comparison of pediatricians and family practice physicians. *Journal of Rural Mental Health*, 32, 5-17.

Polaha, J., Volkmer, A., & Valleley, R. J. (2007). A call-in service to address parent concerns about child behavior in rural communities. *Families, Systems, and Health*, 25, 333-343.

Valleley, R. J., Kosse, S., Schemm, A., Foster, N., **Polaha, J.**, & Evans, J. H. (2007). Integrated primary care for children in rural communities: An examination of patient attendance at collaborative behavioral health services. *Families, Systems, and Health*, 25, 323-332.

Valleley, R. J., **Polaha, J.**, Cooper, S. L., Evans, J. H., & Begeny, J., (2007). Behavioral health concerns raised by parents and physicians in rural primary care settings. *Journal of*

- Rural Mental Health*, 31, 21-20.
- Deupree, J.D., Smith, S. D., Kratochvil, C. J., Bohac, D., Ellis, C.R., **Polaha J.**, & Bylund, D.B. (2006). Possible involvement of alpha-2A adrenergic receptors in attention deficit hyperactivity disorder: Radioligand binding and polymorphism studies. *American Journal of Medical Genetics Part B. Neuropsychiatric Genetics*, 141, 877-884.
- Evans, J. H., **Polaha, J.**, Valleley, R. J., Jones-Hazeldine, C., & Foster, N. L. (2006). Behavioral health services in rural pediatric primary care. *Rural Mental Health Journal*.
- Cooper, S. L., Valleley, R. J. **Polaha, J.**, Begeny, J., & Evans, J. H. (2006). Running out of time: Physician management of behavioral health concerns in rural pediatric primary care. *Pediatrics Electronic Pages Pediatrics*, 118, e132 - e138.
- Valleley, R. J., **Polaha, J.**, & Evans, J. H. (2005). The impact of behavioral healthcare services on medical utilization for children with externalizing disorders in a rural community. *Journal of Rural Community Psychology*, E7.
- Polaha, J.**, Cooper, S., Meadows, T., & Kratochvil, C. J. (2005). The assessment of attention-deficit/hyperactivity disorder in rural primary care: The portability of the American Academy of Pediatrics guidelines to the “real world.” *Pediatrics Electronic Pages*, 115, e120-e126.
- Polaha, J.**, Shapiro, S. K., Larzelere, R., & Pettit, G. S. (2004). The relationship between physical discipline and child behavior problems: A study of group differences. *Parenting: Science and Practice*; 4, 271-381.
- Anderson, C. & **Polaha, J.** (2004). Extinction. In T. S. Watson & C. H. Skinner (Eds.), *Encyclopedia of School Psychology*. New York: Kluwer Academic/Plenum Press.
- Polaha, J.** (2004). TV violence and children’s aggressive behavior. In T. S. Watson & C. H. Skinner (Eds.), *Encyclopedia of School Psychology*. (pp. 333-334). New York: Kluwer Academic/Plenum Press.
- Polaha, J.**, Allen, K., & Studley, B. (2004). Self-monitoring as an intervention to improve swimmers’ stroke efficiency. *Behavior Modification*, 27, 1-15.
- Allen, K. D., & **Polaha, J.** (2003). Bridging the disconnection between applied research and practice: A review of Treatments that Work: Empirically Supported Strategies for Managing Child Behavior Problems by Ed Christophersen and Susan Mortweet. *Journal of Applied Behavior Analysis*, 36, 141-146.
- Polaha, J.**, Warzak, W., & Dittmer-McMahon, K. (2002). Toilet training in primary care: Recommendations from behavioral pediatrics. *Journal of Developmental and Behavioral Pediatrics*, 23, 1-6.
- Allen K.D. & **Polaha, J.** (2001). Analysis and treatment of oral-motor repetitive behavior disorders. In D. W. Woods & R. G. Miltenberger (Eds.), *Tic Disorders, Trichotillomania and Other Repetitive Behavior Disorders*. Norwell, MA: Kluwer Publishers.
- Pettit, G. S., **Polaha, J. A.**, & Mize, J. (2001). Perceptual and attributional processes in aggression and conduct problems. In J. Hill and B. Maughan (Eds.), *Conduct disorders in childhood and adolescence* (pp. 292-319). Cambridge, UK: Cambridge University Press.
- Polaha, J. A.** & Allen, K. D. (2000). Using technology to automate off-task behavior: Classroom behavior management made simple. *Proven Practice*, 2, 52-56.
- Polaha, J. A.** & Allen, K. D. (1999). A tutorial for understanding and evaluating single subject methodology. *Proven Practice*, 1, 73-78.

Book Chapters

- Polaha, J. & Nolan (2014). Dissemination and implementation science: research for the

real world medical family therapist. In J. Hodgson, T. Mendenhall, & A. Lamson (Eds). *Medical Family Therapy*. Switzerland: Springer International.

Other Publications:

- Cook, C. L., **Polaha, J.**, & Williams, S. L. (2016). Brief report: Rural parents' perceptions of mental health services: A qualitative study. *The Community Psychologist: Rural Interest Group Newsletter*, 49(1), <http://www.scra27.org/publications/tcp/rural/>.
- Polaha, J.** (2015). Psychologists as scientists in integrated primary care. In *Integrated Primary Care Psychology: A Curriculum for Graduate Programs*. Disseminated by APA Division 38 (Health Psychology) subcommittee on Integrated Care.
- Owens, K., Bumgarner, D., Lund, B., Dalton, W. T., III, & **Polaha, J.** (2012, July). Behavioral health consulting in pediatric primary care in Southern Appalachia. *National Association of County Behavioral Health and Developmental Disability Directors (NACBHDD): The Voice of Local Authorities in the Nation's Capital Newsletter*.

Collaborative Family Healthcare Blog Entries:

- Bishop, T., **Polaha, J.**, & Cordes, C. (March, 2016). *On becoming transformational: The state of interprofessional education and its future*.
- Polaha, J.** (January, 2013). *Breaking Down Silos in Rural Healthcare: A Five-Part Blog Series*
- Polaha, J.** (November, 2012). *CFHA Annual Conference: What's In It For Students?*
- Polaha, J.** & Hodgson, J. (December, 2011). *INTRA-Disciplinary Care: Can Mental Health Professionals Work Together in Primary Care?*
- Polaha, J.** (November, 2011). *CFHA in Philadelphia: A Field Trip for ETSU Doctoral Students in Clinical Psychology*.
- Polaha, J.** (August, 2011). *Finally, the Fruits of Our Labor: Bringing Integrated Care to Rural Communities in Southern Appalachia*.

In Progress

- Gouge, N. & **Polaha, J.**. Pediatric primary care behavioral health: A case study of time and money. *Pediatrics*.
- Ellison, J., **Polaha, J.**, & North, S. Rural parents' mental health service delivery preferences: Traditional versus alternative models. *Journal of Rural Mental Health*.
- Ellison, J., & **Polaha, J.** Getting started in dissemination and implementation research: An overview for proponents of integrated primary care. *Families, Systems, and Health*.
- Tolliver, M., **Polaha, J.**, Dalton, W. T., & Williams, S. L. Rurality and SES as critical factors in evaluating the prevalence of child psychosocial concerns. *Journal of Pediatric Psychology*.
- Tedder, J., Polaha, J., & DeCaporale, L.N. Integrated models of health care for older adults: A systematic review. *Journal of Gerontology: Psychological Science*.

SELECTED PRESENTATIONS (students in red)

Peer-reviewed.

- Polaha, J., Bishop, T., Johnson, L., Blackwelder, R., Heiman, D., Jaishankar, G., & Thibeault, D., (October, 2016). *Champion teams as a mechanism for developing team care capacity*. Presentation proposal submitted to the Collaborative Family Healthcare Association Annual Conference. Charlotte, NC.

- Polaha, J., Bishop, T., Cordes, C., Cross, B., Blackwelder, R., Soltis-Jarett, V., Zomorodi, M., & Sinclair, L., (October, 2016). *Interprofessional Education: A Growing Force Behind the Team Care Revolution*. Presentation proposal submitted to the Collaborative Family Healthcare Association Annual Conference. Charlotte, NC.
- Smith, S. C., Polaha, J., Thibeault, D. A., Mills, D. Q., & Jaishankar, G. (2016, October). *Team-Based care for postpartum depression in a pediatric clinic*. Collaborative Family Healthcare Association. Presentation proposal submitted to the Collaborative Family Healthcare Association Annual Conference. Charlotte, NC.
- Polaha, J., Cross, L. B., Click, I., Fox, B. (August, 2016). *Starting with patient outcomes: The development of meaningful and measureable IPE competencies from foundational through faculty*. Workshop proposal submitted to the 2016 Nexus Summit. Minneapolis, MN.
- Stroshal, K., Robinson, P., & **Polaha, J.**, (2015, November). *Promoting Psychological Flexibility in Primary Care: A Dissemination Platform and Therapeutic Approach*. Mini-workshop presented at the Association for Behavioral and Cognitive Therapies Annual Conference. Chicago, IL.
- Baker, K., **Dean, R., Smith, S.C., Petgrave, D., Rowe, C.**, Schetzina, K., & **Polaha, J.** (2015, October). *Reach, effectiveness, and adoption of the Family Check-Up in a pediatric primary care setting in northeast Tennessee: An interprofessional collaboration*. Paper presented at the Collaborative Family Healthcare Association Annual Conference. Portland, OR.
- Polaha, J.**, Smith, J.D., Schetzina, K., & **Smith, S.C.** (2015, October). *Unlocking implementation in primary healthcare: The Family Check-Up as an example*. Paper presented at the Collaborative Family Healthcare Association Annual Conference. Portland, OR.
- Tolliver, R. M.**, Jameson, J.P., Curtin, L., **Polaha, J.** (2015, August). *A qualitative study of Appalachian employers' perceptions of hiring psychologists*. Paper presented at the National Association of Rural Mental Health, Honolulu, HI.
- Heflinger, C. A., Mann, A., Williams, S., & Polaha, J. (2015). *Stigma, mental health service seeking, and community setting in rural communities*. National Association of Rural Mental Health Annual Conference. Honolulu, HI.
- Bishop, W. & Polaha, J. (2015). *A collaborative practice training model in maternal child health: Team-based research and clinical care in the real world*. Association of Academic Health Centers International Forum. Washington, DC.
- Polaha, J., Codd, R. T., & Robinson, P. (2014, November). *Training future primary care behavioral health workforce using focused acceptance and commitment therapy*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
- Bishop, T. W., Polaha, J., Jayabarrathan, A., Reitz, R., & **Tolliver, M.** (2014, October). *Defragmenting clinical systems in achieving the Triple-Aim: Examining how to strengthen professional integration inherent in integrated care*. Debate style panel discussion with experts in the field presented at the annual meeting of the Collaborative Family Healthcare Association. Washington, DC.
- Polaha, J., Funderburk, J., Auxier, A., & Goodie, J. (2014, October). *Evidence based? Prove it! Real world strategies for showing your work.. Works!* Chair of panel with empirical paper presented at presented at the annual meeting of the Collaborative Family

- Healthcare Association. Washington, DC.
- Reitz, R., & Polaha, J. (2014, October). *Debating integrated care's unresolved issues*. Debate style panel discussion with experts in the field presented at the annual meeting of the Collaborative Family Healthcare Association. Washington, DC.
- Van Sickle, K., Beecham, A., & Polaha, J. (2014, August). *Training a workforce for primary care*. Symposium presented at the American Psychological Association Annual Meeting. Washington, DC.
- LaDuke, S. L.**, Williams, S.L., & Polaha, J. (June, 2014). *Merging social and clinical concepts: Self-compassion and acceptance and action*. Presented as a symposium held at the Society for the Psychological Study of Social Issues. Portland, OR.
- Robinson, P., Polaha, J., Lapidos, A., & Baker, M. (2014, June). *Preparing a new work force for primary care: FACT teaching and assessment strategies*. Panel discussion presented at the Association for Contextual and Behavioral Sciences World Conference. Minneapolis, MN.
- Maphis, L. E., Smith, C.**, Hicks, K., Polaha, J., Cronin, P., & Dalton, W. T., III. *Improving behavioral health consultation skills for serving rural populations: An advanced trainee's experience in pedagogy and practice*. (2014, April). Paper presented at the 4th annual Collaborative Conference on Rural Mental Health, Boone, NC.
- Tolliver, M.**, & Polaha, J., (2014, February). *Integrated primary care vs. community mental health: A qualitative study of Appalachian employers' perceptions of hiring psychologists*. Presentation at ETSU's Annual Primary Care Research Day. Johnson City, TN.
- Lilly, C., Henderson, S.**, Polaha, J., & Weierbach, R. (2014, February). *Evaluation of a blended behavioral telehealth model in a rural health clinic: A patient and provider perspective*. Presentation at ETSU's Annual Primary Care Research Day. Johnson City, TN.
- Vanhook, P. & Polaha, J. (2014, January). *Integration of behavioral health into nurse-managed primary care in rural Appalachia using technology and academic interprofessional expertise*. Poster presentation at American Association of Colleges of Nursing 2014 Doctoral Education Conference: Faculty practice pre-conference: Position faculty practice for the future. Naples, Florida.
- Tolliver, R. M.**, Polaha, J., & Williams, S. (2013, November). *Rurality vs. SES as Critical Factors in the Prevalence of Child Psychosocial Concerns in Primary Care*. Poster presented at the Association for Behavioral and Cognitive Therapy, Nashville, TN.
- Lilly, C.** & Polaha, J., (2013, November). *Technology use in rural Appalachia: A pilot study of the implications for pediatric behavioral health*. Poster accepted for presentation at the Association for Behavioral and Cognitive Therapies: Technology and Behavior Change Special Interest Group, Nashville, TN.
- Gouge, N.** & Polaha, J. (2013, October). *Integration Can Work! Demonstrating Cost Effectiveness and Marketing It in the Real World*. Paper presented at the annual meeting of the Collaborative Family Healthcare Association. Denver, CO.
- Hoover-Thompson, A.**, Jones-Hazledine, C., & Polaha, J. (2013, October). *Overcoming Rural Service Delivery Barriers: Three Examples in Integrated Care*. Paper presented at the annual meeting of the Collaborative Family Healthcare Association. Denver, CO.
- Lilly, C. E.**, Polaha, J., Williams, S., & Schrifft, M. (2013, March). *Rural parents' perspectives on mental health services: A qualitative study*. Paper presented at the Collaborative Conference on Rural Mental Health, Boone, NC.
- Tolliver, R. M., Polaha, J.**, & Williams, S. (2013, March 21). *Who done it? Rurality vs. SES as critical factors in the prevalence of child psychosocial concerns in primary care*. Paper presented at the Appalachian State University Rural Mental Health Conference, Boone, NC.

- Owens, K., Bumgarner, D., Lund, B., Dalton, W. T. III, & Polaha, J. (April 2012). Behavioral health consulting in pediatric primary care in southern Appalachia. Poster presented at the Appalachian State Conference for Rural Mental Health. Boone, NC.
- Baumgarner, D., Owens, K., Correll, J., Dalton, W. T., & Polaha, J. (March 2012). *Primary Behavioral Health Care in Pediatric Primary Care*. Paper submitted for presentation at the 2012 Mid-Atlantic Integrated Care Conference. Abingdon, VA.
- Tolliver, R. M., Lilly, C., Reed, S., Williams, S., & Polaha, J. (2012, February). *Primary care: An opportunity to address behavioral health among rural children*. Paper presented at the Primary Care and Prevention Research Day, Johnson City, TN.
- Ellison, J., Polaha, J., & North, S. (November, 2011). *Rural Parents' Mental Health Service Delivery Preferences: Overcoming Barriers to Care*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies, Toronto, ON.
- Correll, J.A. & Polaha, J. (2011). *Pediatric telebehavioral health in rural primary care: An electronically-mediated warm handoff*. Presented at: Annual meeting of the Collaborative Family Healthcare Association, Philadelphia, PA.
- Chandler, S. L., Williams, S. L., & Polaha, J. (August, 2011). *Parents' perceived stigma of service seeking scale: Initial findings*. Poster presented at the annual convention for the American Psychological Association, Washington, DC.
- Gouge, N., Polaha, J., & Powers, R. (February, 2011). *Effectiveness of training residents: Addressing behavior health concerns in pediatrics*. Paper presented at Primary Care and Prevention Research Day, ETSU College of Medicine, Johnson City, TN.
- Polaha, J., Benfield, N., Shultz, A., & Powers, R. (November, 2010). *Training pediatric primary care physicians to use brief behavioral interventions: A didactic and consultative model*. Poster presented at the Association for Behavioral and Cognitive Therapies Annual Meeting. San Francisco, CA.
- Polaha, J., Correll, J., & Ellison, J. (October, 2010). *Bringing technology to integrated care*. Paper presented at the annual meeting of the Collaborative Family Healthcare Association. Louisville, KY.
- Polaha, J., Ellison, J., & Williams, S. (June, 2010). *Perceived stigma and mental health service preferences for parents of children with significant psychosocial concerns*. Paper presented at the National Association of Rural Mental Health. Denver, CO.
- Cirone, B., Polaha, J., & Ellison, J., (June, 2010). *Mental health seeking of rural young adults: A look at stigma and help seeking barriers*. Paper presented at the National Association of Rural Mental Health. Denver, CO.
- Polaha, J., Benfield, N., & Correll, J. (October 2009). *Building behavioral health consultants: Innovative strategies for training psychology graduate students to work in primary care*. Poster presented at the Collaborative Family Healthcare Association 11th Annual Conference. San Diego, CA.
- Enlow, A. D., Bishop, W. T., Polaha, J., & Correll, J. A. (October 2009). *Building a behavioral health consultant into pediatric wellness visits: Outcome data and practical advice*. Paper presented at the Collaborative Family Healthcare Association 11th Annual Conference. San Diego, CA.
- Allen, S., Dalton, W. T., III, & Polaha, J. (October, 2008). *Pediatric overweight and psychosocial concerns among youth presenting to rural primary care*. Poster presented at The Obesity Society 2008 Annual Scientific Meeting, Phoenix, AZ.
- Polaha, J., Dalton, W. T. III, Allen, S., Enlow, A., Bagwell, N., & Cumpston, S. (August, 2008). *Pediatric wellness and integrated health care in rural Appalachia*. Paper presented to the annual meeting of the National Association of Rural Mental Health. Burlington, VT.

- Enlow, A., Polaha, J., & Bishop, T.** (May, 2008). *Evaluating integrated pediatric well visits: What does a psychologist have to add?* Presentation at the North Carolina Psychological Association Spring Conference. Chapel Hill, NC.
- Niles, B., Gifford, V., Polaha, J., Rivkin, I., & Koverola, C.** (April, 2008). *Innovative competency training in ethical decision making for providers delivering telebehavioral health services.* Presentation at the annual meeting of the American Telemedicine Association, Seattle, WA.
- Polaha, J. & Brooks, K.** (August, 2007). *A wellness approach to service delivery in rural pediatric primary care.* Paper presented at the annual meeting of the National Association for Rural Mental Health, Kansas City, KS.
- Polaha, J.** (May, 2007). *The pediatric behavioral telehealth clinic: Process and outcome.* Paper presented at the annual meeting of the American Telemedicine Association, Nashville, TN.
- Nelson, E., Polaha, J., & Kuzbyt, W. J.** (May, 2007). *Three primary care approaches to ADHD treatment over telemedicine.* Paper presented at the annual meeting of the American Telemedicine Association, Nashville, TN.
- Mathews, J. R., Evans, J. H., Polaha, J., & Valleley, R. J.** (November, 2006). *A new model for behavioral health services in primary care.* Paper presented at the annual meeting of the American Public Health Association, Boston, MA.
- Evans, J. H., Valleley, R. J., & Polaha, J.** (August, 2006). *Integrating Pediatric Behavioral Health into Rural Primary Care: Research Findings.* Paper presented at the annual meeting of the National Association for Rural Mental Health, San Antonio, TX
- Valleley, R. J., Kosse, S., Schemm, A., Polaha, J., & Evans, J. H.** (May, 2006). *An additional benefit to integrating behavioral health services in primary care: Attendance to initial appointment.* Poster presented at the annual meeting of the Association for Behavior Analysis, Atlanta, Georgia.
- Polaha, J. & Schnoes, C. J.** (May 2005). *A parent survey regarding medication acceptance among children.* Poster presented at the annual meeting of the Association for Behavior Analysis. Chicago, IL.
- Polaha, J., Wessling, E., Valleley, R. J., & Swoboda, L.** (April 2005). *The pediatric behavioral telehealth clinic: Effectiveness and patient satisfaction.* Poster presented at the annual meeting of the American Telehealth Association. Denver, CO.
- Cooper, S., Meadows, T., Polaha, J., Valleley, R., & Evans, J.** (October 2004). *Integrating behavioral health services into primary care settings.* Paper presented at the Collaborative Family Healthcare Conference. Chaska, MN.
- Valleley, R. J., Polaha, J., & Evans, J. E.** (July 2004). *Behavioral healthcare services impact on medical utilization for children.* Paper presented to the American Psychologists Association. Honolulu, HI.
- Valleley, R., Polaha, J., & Evans, J.** (May 2004). *Behavioral healthcare services in primary care: Increasing medical staff knowledge of common behavioral interventions.* Poster presented at the annual meeting of the Association for Behavior Analysis. Boston, MA.

- Beckman, T., Mack, J., Miles, S., Valleley, R., Polaha, J., & Evans, J. (May 2003). *Behavioral concerns in primary care: Frequency, duration, and physician responses*. Poster presented at the annual meeting of the Nebraska Psychological Association. Lincoln, NE.
- Wessling, E., Polaha, J., Valleley, R., & Evans, J. (May 2003). *Pediatricians' referrals to in-house behavioral health: What do parent rating scales tell us?* Poster presented at the annual meeting of the Nebraska Psychological Association. Lincoln, NE.
- Jones-Hazeldine, C., & Polaha, J. (May 2003). *Exploring "distance treatment": A double-blind placebo-controlled trial in rural Nebraska*. Poster presented at the annual meeting of the Nebraska Psychological Association. Lincoln, NE.
- Polaha, J., Valleley, R., & Evans, J. E. (October 2002). *Behavioral health services in primary care: Outreach to rural Nebraska*. Poster presented at the Kansas Conference in Clinical Child and Adolescent Psychology. Lawrence, KS.
- Polaha, J. A., Dittmer-McMahon, K. I., & Warzak, W. J. (November 2001). *Physicians' toilet training practices: Recommendations to primary care*. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy. Philadelphia, PA.
- Polaha, J. A., Bauer, S., & Evans, J. H. (November 2001). *Behavioral health service provision: Primary care outcomes*. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy. Philadelphia, PA.
- Polaha, J. A., Dittmer-McMahon, K. I., & Warzak, W. J. (November 2001). *Physicians' toilet training recommendations: What is usual and acceptable?* Poster presented at the International Conference for the Association for Behavior Analysis. Venice, Italy.
- Polaha, J. A. (November 2001). *Nocturnal enuresis and moisture alarms: Troubleshooting potential pitfalls*. Poster presented at the International Conference for the Association for Behavior Analysis. Venice, Italy.
- Hoover, D. M., Polaha, J., Baker, M. W., Kenyon, J. M., Deffenbacher, K., E., Smith, S. D., Kratochvil, C. and the UNMC ADHD Collaborative Research Project (May 2001). *Genetic analysis of attention deficit hyperactivity disorder and dopaminergic and adrenergic genes: genotyping of variant regions*. Great Plains State Society for Molecular Biology and Genetics. Omaha, NE.
- Polaha, J. A., & Shapiro, S. K. (November 1999). *The relationship between physical discipline and child behavior problems: A study of group differences*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy. Toronto, Canada.
- Polaha, J. A. & Allen, K. A. (May 1999). *Management of attention problems in the classroom: The Attention Training System*. Poster presented at the annual meeting of the Association for Behavior Analysis. Chicago, IL.
- Riley, T. R. & Polaha, J. A. (April 1999). *The development of outstate pediatric behavioral health clinics: Overview and outcome*. Poster presented at the Florida Conference on Child Health Psychology. Gainesville, FL.
- Polaha, J. A. & Shapiro, S. K. (November 1996). *The effect of informed medication status on the attributions and persistence of boys with ADHD*. Poster presented at the Association for the Advancement of Behavior Therapy, New York, NY.
- Ringelisen, H., Polaha, J. A., & Shapiro, S. K. (March 1996). *Maternal expectations and attributions regarding ADHD and non-ADHD child performance*. Paper presented at the Southeastern Psychological Association Annual Meeting. Norfolk, VA.
- Hoza, B., Polaha, J. A., Pelham, W. E., Greiner, A., Vallano, G., Vodde-Hamilton, M. (November 1991). *The effects of methylphenidate on the frequency of provocations given to and received by ADHD boys*. Poster presented at the 25th Annual Meeting of the Association for the Advancement of Behavior Therapy, New York, NY.

Pelham, W. E., & **Polaha, J. A.** (November 1991). *Intensive summer day treatment for ADHD: Behavioral and pharmacological treatments*. Paper presented at the 25th Annual Meeting of the Association for the Advancement of Behavior Therapy, New York, NY.

Student-Forum Presentations/Posters

Morrell, A., Dyer, H., Smith, C., Kuang, K., Mills, D., Jaishankar, G., Schetzina, K., and **Polaha, J.** (2016). Evaluating the feasibility of a stepped-care protocol for postpartum depression via adoption and maintenance (cost). Poster presented at the Appalachian Student Research Forum. East Tennessee State University, Johnson City, TN.

Bouldin, B., Wigle, N., Rabon, J. K., Thibeault, D., & **Polaha, J.** (2016). The use of ecomaps to identify social determinants of mothers with postpartum depression in the ETSU Pediatric clinic. Poster presented at the Appalachian Student Research Forum. East Tennessee State University, Johnson City, TN.

Dyer, H., Polaha, J., Smith, C., & Kuang, K. (2016). Comparing the utilization of the PEDS and the PSC-17 screeners in a pediatric primary care clinic. Presentation to the Boland Undergraduate Research Forum. East Tennessee State University, Johnson City, TN.

Dyer, H., Smith, C., Schetzina, K., & **Polaha, J.** (2015). Integrated care in one pediatric practice. Poster presented at the Appalachian Student Research Forum. Johnson City, TN.

Freeland, C. A., Baker, K., **Dean, R.,** Masters, J., Patel, H., **Polaha, J.,** & Bishop, T. (2015). Perceptions of interprofessional education through the eyes of students: A thematic analysis. Poster presented at the Appalachian Student Research Forum. Johnson City, TN.

Petgrave, D. K., Polaha, J., Littleton, M. A., Clements, A. D. (2015). *ADHD management in pediatric primary care: Time is not on our side*. Poster presentation at the 10th annual Primary Care and Prevention Research Day, Quillen College of Medicine, East Tennessee State University, Johnson City, Tennessee.

Brooks, B., Dean, R., Petgrave, D., Rowe, C., Smith, C., Polaha, J., Schetzina, K., & Baker, K. (2015). *Implementation and adoption of the family check-up in a pediatric setting*. Poster presentation at the 10th annual Primary Care and Prevention Research Day, Quillen College of Medicine, East Tennessee State University, Johnson City, Tennessee.

Smith, C., Polaha, J., Schetzina, K., & **Tolliver, M.** *A Screening and Stepped Care Intervention for Postpartum Depression in a Pediatric Setting: Implementation and Feasibility*. (2015, February). Poster session presented at the 10th Annual Primary Care and Prevention Research Day, Johnson City, TN.

Reed, S., Tolliver, S., Tolliver, R., Polaha, J., & Schetzina, K. (2014, April). Assessing postpartum depression during well-child examinations: Are needs being met? Poster presented at the 2014 Appalachian Student Research Forum, East Tennessee State University; Johnson City, TN.

Tolliver, S., Reed, S., Tolliver, M., Polaha, J., & Schetzina, K. (2014, April). Assessing for and treating postpartum depression in a pediatric primary care setting using a stepped care model: Is it feasible? Poster presented at the 2014 Appalachian Student Research Forum, East Tennessee State University; Johnson City, TN.

McCarter, K., Polaha, J., & Gouge, N. (2014, April). Rural pediatric primary care practice patterns as a result of an on-site behavioral health consultant: A retrospective analysis. Paper presented at the 2014 Boland Research Symposium, East Tennessee State University; Johnson City, TN.

- Petgrave, D. K., McCarter, K., Lilly, C., Gouge, N., & Polaha, J. (2013, April) *Managing multiple concerns in pediatric primary care: Impact on time*. Poster presented at the 2013 annual meeting of the Appalachian Student Research Forum; Johnson City, TN. (Won Second Place Poster Award in Society, Behavior, and Learning Masters' s Candidates Division)
- McCarter, K., Petgrave, D. K., Lilly, C., Gouge, N., & Polaha, J. (2013, April) *The cost effectiveness of behavioral health consultant utilization for attention-deficit hyperactivity disorder cases in rural pediatric primary care*. Poster presented at the 2013 annual meeting of the Appalachian Student Research Forum; Johnson City, TN. (Won First Place Poster Award in Society, Behavior, and Learning Undergraduates Division)
- Reed, S., Tolliver, M., & Polaha, J. (April, 2012). The prevalence of psychosocial concerns in rural pediatric primary care. Poster presented at the 2011 Appalachian Student Research Forum. Johnson City, TN. (Won first place for poster in Social Science Research Division)
- Peavler, C. & Polaha, J. (March, 2011). Nature connectivity in young adults: Relationships between well-being, technology, and the natural environment. Poster presented at the 2011 Appalachian Student Research Forum. Johnson City, TN. (Won second place for poster in Social Science Research Division)
- Simpson, S., Polaha, J. & McDaniel, J. (March 2011). Educating rural psychologists: An analysis of professional training programs. Poster presented at the 2011 Appalachian Student Research Forum. Johnson City, TN.
- Calloway, J. & Polaha, J. (November, 2010). Training pediatric residents in ADHD management in primary care. Annual Meeting of the Tennessee Psychological Association. Nashville, TN.
- West, E., Gouge, N., & Polaha, J. (November, 2010). Time spent in pediatric primary care with a behavioral health consultant. Annual Meeting of the Tennessee Psychological Association. Nashville, TN.
- Calloway, J., & Polaha, J. (2010). Pediatric residents' training in the primary care management of Attention-Deficit Hyperactivity Disorder. Presented at the Boland Undergraduate Research Symposium, ETSU.
- Shultz, A. K., Benfield, N. & Polaha, J. (April, 2010). Effectiveness of residency training for the assessment and treatment of top behavioral health concerns in pediatric primary care. Presented at the Boland Undergraduate Research Symposium and Appalachian Student Research Forum, ETSU.
- Xie, W., Ellison, J., & Polaha, J. (April, 2010). Mental health treatment seeking and perceived stigma among international students. Presented at the Appalachian Student Research Forum, ETSU.
- Cirone, B., Ellison, J., & Polaha, J. (November, 2009). Mental health seeking by young adults in rural areas. Poster presented at the Tennessee Psychological Association Conference, Nashville, TN.
- Shultz, A. K., & Polaha, J. (April 2009). Examining current practices in relation to recommended ADHD guidelines. Undergraduate Student Research Symposium. Johnson City, TN.
- Enlow, A. D., & Polaha, J. (April 2009). Evaluating the role of a psychologist in pediatric wellness visits in rural Tennessee. Appalachian Student Research Forum. Johnson City, TN. (Won first place for poster in Social Science Research Division)

Invited Presentations/Position Papers

Polaha, J. (June, 2016). Champion Teams. Grand Junction, CO.

- Polaha, J.,** (May, 2016). *Making Integrated Care Meaningful and Enduring: A Strategy for Success.* Healthcare Association of New York State Annual Behavioral Health Meeting, Saratoga, NY.
- Polaha, J., Bishop, T., & Johnson, L.** (March, 2016). *A Collaborative Practice Model for Behavioral Health in Primary Care.* Primary Care Conference. Johnson City, TN.
- Polaha, J.,** (February, 2016). Placing the Family Check-Up in Integrated Care. ETSU Pediatrics Grand Rounds. Johnson City, TN
- Polaha, J., & Schetzina, K.** (October, 2015). *A Collaborative Practice Model for Pediatric Primary Care.* ESTU Annual Psychiatry in the Mountains. Johnson City, TN.
- Polaha, J., & Anderson, C. (May, 2015). *Pediatric Behavioral Health.* An eight-day workshop for psychologists at the Autism Center.
- Polaha, J. & Studts, C.** (August, 2014). *Dissemination and Implementation Research in Collaborative Family Healthcare.* Collaborative Family Healthcare Webinar Series.
- Polaha, J. & Pack, R.** (August, 2014). *Dissemination and Implementation Science: The Latest Evolution of the Research Paradigm in Behavioral Health.* ETSU Psychiatry Grand Rounds. Johnson City, TN.
- Polaha, J. & Studts, C.** (April, 2014). *Tidings from TIDIRH: Dissemination and Implementation Research in Public Health.* University of Kentucky College of Public Health Grand Rounds. Lexington, KY.
- Polaha, J.** (February, 2014). *Primary Care Behavioral Health.* Presentation to ETSU 3rd Year pharmacy students Ambulatory Pharmacy class. Johnson City, TN.
- Polaha, J.** (February, 2014). *Postpartum Depression in Pediatric Primary Care.* ETSU Department of Psychiatry Pediatric Psychiatric Collaborative Team Meeting. Johnson City, TN.
- Polaha, J.** (January, 2014). *Postpartum Depression in Pediatric Primary Care.* ETSU Pediatrics Grand Rounds, Johnson City, TN.
- Polaha, J.** (October, 2013). *Career Innovation Workshop: Developing an Integrated Practice: The Nuts and Bolts of It.* Presented at the annual meeting of the Collaborative Family Healthcare Association. Denver, CO.
- Polaha, J.** (October, 2013). *Pediatric Behavioral Telehealth for Underserved Patients In Rural Tennessee.* Presented at the annual meeting of the Tennessee Primary Care Association. Nashville, TN.
- Polaha, J.** (August, 2013). *Acceptance and Commitment Therapy.* Invited lecture presented to members of the Intermountain Psychological Association. Johnson City, TN.
- Polaha, J.** (April, 2013). *Supervision Via Telehealth.* Workshop presented to faculty at Leslie University in the Department of Psychology. Cambridge, MA.
- Polaha, J.** (April, 2013). *Innovation in Pediatric Behavioral Telehealth: Looking to the Future.* Presented as a Plenary Address at the South Central Telehealth Forum. Little Rock, AR.
- Polaha, J.** (February, 2013). *Dissemination of Evidence Based Treatments to Rural Communities: Exploring the Role of Telehealth.* Brown Bag Lunch Talk presented to Faculty at Appalachian State University.
- Polaha, J.,** (November, 2012). *Acceptance and Commitment Therapy.* Invited lecture presented to students and faculty in the Marriage and Family Therapy Program at East Carolina University via video.
- Polaha, J., Williams, S., & Chandler, S.,** (September, 2012). *It's Not Your Father's "Shrink": New Developments in Children's Mental Health Service Delivery.* Webinar for the American School Health Association.

- Polaha, J.,** Shore, J., Turvey, C., Nelson, E., Mishkind, M., Ciulla, R., et al. (May, 2012). Transformations in Telemental Health Technology and Policy: Implications for Practice. Panel discussion held at the Telemental Health Full-Day Workshop American Telemedicine Association Annual Meeting; San Jose, CA.
- Polaha, J. & Fox, J.** (February, 2012). Dealing with Young Children’s Behavior Problems in Early Learning Programs and in Homes: Prevention to Intervention. Head to Toe Infant Toddler Institute; Appalachian Association for the Education of Young Children; Johnson City, TN
- Polaha, J.** (August, 2011). Fruits of Our Labor. An invited essay posted to the Collaborative Family Healthcare Association Blog at www.cfha.org
- Polaha, J.** (March, 2011). Disturbing or Disturbed? A primer on habit disorders in children. Residency training lecture series for the family practice residents in the Mountain Area Health and Education Center, Asheville, NC.
- Polaha, J.** (February, 2011). ADHD in primary care. An invited lecture to family practice residents and practitioners in the greater-Chicagoland area through B-FIT. Indiana.
- Polaha, J.,** (February, 2011). Evidence-base in integrated care. A lecture presented to graduate psychology students at the University of Nebraska Medical Center (via telemedicine).
- Polaha, J.,** (January, 2011). Disturbing or disturbed? A primer on habit disorders in children. Continuing medication education talk presented to the Pediatric-Psychiatric Collaborative Team Meeting, ETSU Department of Psychiatry.
- Polaha, J.** (October, 2010). Telebehavioral health: A Primer. Workshop to be presented at the Tennessee Psychological Association’s annual meeting. Nashville, TN.
- Polaha, J.** (April, 2010). The management of common sleep problems in pediatric primary care. Continuing medication education talk presented to the Pediatric-Psychiatric Collaborative Team Meeting, ETSU Department of Psychiatry.
- Polaha, J.** (April, 2010). Innovation in clinical psychology practice: Getting our help where it’s needed most. ETSU’s Department of Psychology “Speaker Series.”
- Polaha, J.** (October, 2009). Behavioral Interventions for Children with ADHD. Lectures presented as part of Psychiatry in the Mountains Annual Meeting. Johnson City, TN.
- Polaha, J.** (September 2009). Telebehavioral health and psychiatry: A primer. Presented to at ETSU’s Quillen College of Medicine Grand Rounds.
- Polaha, J.** (February 2008). The Pediatric Behavioral Telehealth Clinic: Overview and Recommendations. Presented to the University of Nebraska Medical Center Munroe-Meyer Institute Department of Psychology via telehealth to Omaha, NE
- Polaha, J.** (February 2008). Telebehavioral health: A primer. Presented to the Intermountain Psychological Association, regular meeting, Johnson City, TN
- Polaha, J.** (January 2008). Telebehavioral health: A primer. Presented to the Advisory Board of the Tennessee Adolescent Coordination of Treatment (T-ACT) Project Governor's Office of Children's Care Coordination via telehealth to Nashville, TN
- Polaha, J.** (November, 2007). *Innovative approaches to the management of Attention Deficit Hyperactivity Disorder in pediatric primary care.* Workshop presented at the annual conference of the Collaborative Family Healthcare Association, Asheville, NC.
- Polaha, J.** (November 2007). Parents’ perceived stigma around accessing mental health services for their children. Research update presented to the NIMH Rural Advisory Board meeting at the Annual Meeting of the Rural Health Association of Tennessee, Gatlinburg.

- Polaha, J.** (October 2007). Getting it right: Telehealth ethics and presentation protocol. Workshop presented to telehealth providers and coordinators as part of the Alaska Rural Mental Health Training Academy and the University of Alaska, Fairbanks.
- Polaha, J.** (March 2007). Telehealth services for rural behavioral health: Directions for development and research. Paper presented to the faculty and students in the doctoral program in clinical psychology at the University of Alaska's Fairbanks and Anchorage campuses.
- Polaha, J. & Evans, J. H.** (September 2005). A new model for delivering behavioral healthcare. Paper presented at the annual meeting of the Nebraska Rural Health Association. Kearney, NE.
- Polaha, J.** (July 2005). The Nebraska Telehealth System: A Proposal from the Academic Workgroup Behavioral Health. Presented to legislators in the state of Nebraska.
- Polaha, J.** (September 2004). The Munroe-Meyer Institute Pediatric Behavioral Telehealth Clinic. Presentation at the Nebraska Rural Health Association Annual Conference. Kearney, NE.
- Polaha, J.** (September 2004). A model program for integrated pediatric behavioral health services and training. Presentation at the Nebraska Rural Health Association Annual Conference. Kearney, NE.
- Polaha, J. A., Riley, T. R., & Evans, J. H.** (March 2000). Development and research: A model for behavioral pediatrics in primary care. Invited presentation on working forum at the Millennium Conference of the Great Lakes Society of Pediatric Psychology. Cleveland, OH.

EDITORIAL WORK

Editor, *Remote and Rural Health Journal*, January 2013 – present.

Editorial Board, *Journal of Evidence Based Practices for Schools*, March 2005 – December, 2009

Grant Reviews

Wake Forrest Translational Science Institute Research Grant – ETSU Collaboration – April 2011

Ad Hoc Guest Reviews

Journal of the American Board of Family Medicine, February 2016

Journal of Rural Mental Health, January 2015

Families, Systems, and Health, December, 2012

Families Systems, and Health, October, 2011

Shriver, M. D., & Allen, K. D. (2008). *Working with parents of noncompliant children: A guide to evidence-based parent training for practitioners and students*. Washington DC: APA

Journal of Child and Family Studies, May 2005; September 2003; January 2001

Behavior Modification, July 2007, May 2005, November 2004

Journal of Evidence Based Practices for Schools, March 2005

Proven Practice, May 2003

Children's Health Care, July 2001

GRANTS and CONTRACTS

Co- Principal Investigator

Principal Investigator

The Family Checkup: An Interdisciplinary Team Approach Improving Public Health through Pediatric Primary Care.

Interdisciplinary grant to fund a pilot study of the Family Check Up at ETSU Pediatrics.
ETSU Office for Sponsored Programs and Research
\$50,000 (awarded July 1, 2014; Co-P.I.s Katie Baker, D.P.H. and Karen Schetzina, M.D.)

Coordinator/Preceptor

Central Tennessee AHEC Telehealth Clinical Rotation Program

Coordinated, structured, and provided training to 12 doctoral psychology students in a 40-hour “mini-training” in rural health clinics.

Tennessee Primary Care Association

\$12,000 (awarded June 1, 2014) project completed June 30.

Co-Investigator

Rural Pediatric Primary Care Practice Patterns as a Result of an Onsite Behavioral Health Consultant: A Retrospective Analysis

Student-Faculty Collaborative Grant to fund the collection and analysis of patient scheduling data in one rural pediatric primary care clinic in an effort to assess use of an on-site Behavioral Health Consultant.

ETSU Honors College

\$675 (awarded November, 2013; Co-PIs Jodi Polaha, Ph.D. and Kayla McCarter)

Co-Investigator

Interdisciplinary Research to Market Mental Health

Small grant to fund industry consultation in the development of a promotional video for telemental health with data collection around its utility.

ETSU Office for Sponsored Programs and Research

\$1,430 (awarded October, 2013; P.I. Steve Marshall, Ph.D., Communications)

Co-Investigator

Public Health Resource Center: Preventing Prescription Substance Abuse in Northeast Tennessee

Center grant including a significant research study; identified as the Dissemination and Implementation Science Coordinator; project to provide preventative screening and parenting guidance at primary care well visits for children ages 10-12 in two counties.

Center for Disease Control

\$4,500,000 (submitted September 23, 2013; P.I. Rob Pack, Ph.D. Public Health - unfunded)

Principal Investigator

Cost Integrated Care in a Small, Rural Pediatric Primary Care Practice: A Cost Benefit Analysis

Small grant to fund travel, meals, and compensation for an on-site study of billing/time spent by practitioners in a stand-alone rural pediatric practice.

ETSU Office for Sponsored Programs and Research

\$1,500 (awarded October, 2012)

Principal Investigator

Leveraging IT to Network Kids to Services (LINKS): Feasibility Study

Seed funding to initiate the preliminary phase of a larger study to engage dissemination and implementation methodology in a multi-component, technology-facilitated mental health service delivery system to rural children.

ETSU Office for Sponsored Programs and Research
\$17,000 (July 2011-July 2012)

Principal Investigator

Leveraging IT to Network Kids to Services (LINKS).

Project engaging dissemination and implementation science methodology to engage a multi-component, technology-facilitated mental health service delivery system to rural children.

National Institute of Mental Health R34 Mechanism
\$450,000 – submitted June, 2012, - unfunded

Co-Director

Training a Rural Mental Health Workforce: Stone Mountain Health Services Integrated Care Project.

Project to train pre-doctoral interns in psychology in rural primary care clinics serving diverse populations in Southwest Virginia.

Health Resources and Services Administration (HRSA); Kay Matlock, Ed.D., P.I.
\$20,000 annually for three years (amount of subaward) August 2010 – August 2013

Principal Investigator

Parents' Perceived Stigma around Mental Health Services for their Children: A Contributor to Health Disparities in Rural Appalachia

Research study to examine rural parents' attitudes toward traditional versus innovative mental health service delivery mechanisms, particularly stigma.

National Institute of Mental Health R21 Mechanism.
\$275,000

Director

Psychology Department Telehealth Program

Integrates the Psychology Department at ETSU with the Health Education and Access for Rural Tennesseans (HEARTS) Program to deliver tele-mental health to rural Tennesseans. This is a subaward through an OAT Grant (HRSA) awarded to the Community Health Network/Tennessee Primary Care Association.

\$103,000 annually for four years (amount of subaward) August 2010-August 2013

Principal Investigator

Training in Interdisciplinary Behavioral Telehealth Service Delivery to a Rural School-Health Network

Innovative Projects to Improve Teaching and Learning through Technology. This award paid for equipment needs to initiate service delivery to school-based telemedicine program in rural North Carolina. Specific aim is to train graduate students in Psychology to deliver services by telehealth.

\$3,000 – awarded as special initiative in e-Learning

Co-Principal Investigator

Parents' Perceived Stigma Regarding Mental Health Services for Children: A Rural-Non-Rural Comparison Pilot Study

Hayward Faculty-Student Collaborative Grant Submitted October, 2008

\$1,500 – awarded

Principal Investigator

The ETSU Summer Institute in Pediatric Behavioral Health

ETSU's Innovative Summer Credit Course Grants RFP Awarded April, 2008. Project to provide training in behavioral pediatrics to rural physicians using desktop videoconferencing.
\$20,000

Co-Principal Investigator

Proposed Assessment for Tennessee's Early Childhood Comprehensive Services

State proposal awarded by the Department of Health and Human Resources (Dr. Randy Wykoff, P.I.; Dr. Jodi Polaha, Co-P.I.)
\$380,000

Principal Investigator

*Parents' Perceived Stigma Regarding Mental Health Services for Their Children:
A Contributor to Increased Health Disparities in Rural Areas?*

Appalachian Center for Translational Research in Health Disparities (July 2007 – June 2008)
\$7,000

Principal Investigator

Children's Behavioral Health Call-In Service Based in Rural Primary Care

Munroe-Meyer Institute Guild (October 2002 – October 2004)
\$4,700

Principal Investigator

Training and Retaining Pediatric Behavioral Health Professionals in Rural Nebraska

Nebraska Health Care Cash Fund (October 2002 – October 2004)
\$100,000

REFERENCES

Joseph H. Evans, Ph.D.
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