

Curriculum Vitae
Melissa Doreen Baker, PhD, ABPP
Licensed Clinical Psychologist- WA state
Board Certified Clinical Health Psychologist
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Education

1999-2003	B.S. with Distinction in Psychology University of Washington Seattle, Washington
2003-2005	M.A. with Distinction in Psychology Seattle Pacific University Seattle, Washington
2003-2008	Ph.D. Clinical Psychology Seattle Pacific University Seattle, Washington

Dissertation Research Topic: *Social acceptance self-esteem
in adolescent substance users within a motivational
interviewing intervention*
Advisor: David Stewart, PhD

Work Experience

6/2008 to present

Behavior Health Consultant
HealthPoint
Bothell, WA

Population: Medical Underserved in a family medicine setting; Federally Qualified Health Center
Duties: Full-time Behavioral Health Consultant working in primary care providing individual, family, couple, and group interventions within the Primary Care Behavioral Health model. Goal is to provide population based care to a mainly lower SES, medical underserved population in King and Snohomish County. Coordinate care with primary care doctors using integrated team approach; provide consultation and assessment of mental and behavioral health. Provide weekly individual supervision and group supervision to doctoral level psychology students as apart of our clinical training program. Provide brief didactics on behavioral health topics to our primary care providers and medical students at monthly team meetings; topics have included: motivational interviewing, social determinants of health, behavioral activation, and mindfulness based interventions. Work within care teams to design health programs for clinic populations. I designed HEEL (Healthy Eating and Exercise for Life), a Pediatric nutrition program that is in its 4th year. I also initiated and planned the first HealthPoint 5k walk/run to promote wellness in the community, which is now in its 6th year. I started a Behavioral Health research team 4 years ago, aimed at improving quality of patient care and evaluating the Behavioral Health Program. Research projects have included a brief ACT Hypertension Project and a Behavioral Health Program Evaluation and Provider experience of psychological stress and cognitive flexibility.

6/1/2017- present

Member
Mountainview Consulting Group

Duties: Mountainview Consulting Group is a leader in the design and implementation of the Primary Care Behavioral Health model. Patti Robinson and Kirk Strosahl are the founders of Mountainview and co-founders of Acceptance and Commitment Therapy (ACT) and developers of a brief intervention version of ACT, known as FACT. As an associate, I assist in providing comprehensive consultation and training services to health care systems, large and small, with a mission to promote quality integrated behavioral health care services in primary care medical homes.

11/2008 to present

Clinical Supervisor/Interventionist
University of Washington School of Social Work
Inflammatory Bowel Disease Study, MCAP Study

Population: Children and Families, medical setting

Duties: Provide intervention sessions as a part of a large NIH funded research projects on children diagnosed with Crohn's Disease or Ulcerative Colitis and functional abdominal pain. Intervention sessions included social learning, cognitive behavioral, and psychoeducational components. I supervise a team of interventionists providing the intervention and control group protocols. I also helped design fidelity measures for interrater reliability.

Teaching Experience

1/2015- present

Associate Professor
Seattle Pacific University- Clinical Psychology PhD Program
Health Cognate Course Spring- Integrated Primary Care

Population: PhD Clinical Psychology Graduate Students

Duties: Designed a 10 week graduate level course in integrated primary care provided to PhD graduate students in their last year of graduate coursework. Taught yearly; recently finished third year of teaching course.

1/2018- present

Associate Professor
Northwest University- Counseling Psychology PsyD Program
Integrative Consultation in Medical Settings

Population: PsyD Counseling Psychology Graduate Students

Duties: Designed a 6 week graduate level course in integrated primary care

1/2015- present

Guest Lecturer
Northwest University- PsyD Counseling Psychology Program

Population: PsyD Counseling Psychology Graduate Students

Duties: Invited yearly to guest lecture for 2 hours on integrated primary care behavioral health model.

1/2013- present

Guest Lecturer

University of Michigan- School of Social Work

Population: Social Workers

Duties: Invited yearly to guest lecture for 2 hours on integrated primary care behavioral health model.

1/2006-3/2006

Graduate Teaching Assistant

Undergraduate Psychology Course: Adolescent Development
Seattle Pacific University

Supervisor: David Stewart, PhD

Clinical Training

6/2007 to 6/2008

Pre-Doctoral Internship

Olive Crest

Bellevue, WA

Supervisor: O'Donnell Day, Ph.D.

6/2006 to 6/2007

Advanced Practicum Student

Maple Lane School

Washington State Rehabilitation Center for Youth
Centralia, Washington

Supervisor: David Fenstermaker, Ph.D.

6/2005-6/2006

Practicum Student

Seattle Mental Health

Renton, Washington

Supervisor: Allen Hume, Ph.D.

Leadership positions

1/2017-1/2019

Co-Secretary

Primary Care Behavioral Health SIG

Collaborative Family Healthcare Association

Lectureships and Presentations

“Reaching Out to Youth in Trouble: Techniques for Engagement” The Fourth Annual Day of Common Learning, Seattle Pacific University, Seattle, Washington. October 2005.

Petaja Benson, H.S., Stevens, A.D., Mulijat, A.M., Baker, M., and Wilson, B.J. (August 2007). *Emotion Regulation and Child Outcomes: The Mediating Role of Empathy*. Poster/paper presented at the Annual Convention of the American Psychological Association, San Francisco.

READY: A brief motivational interviewing intervention for troubled youth (October 2009). Poster presented at the Annual Convention of the Association of Behavioral and Cognitive Therapists, San Francisco, CA.

HEEL: Healthy Eating and Exercise for Life. A Brief Pediatric Obesity Program in Primary Care (October 2012). Poster presented at the Annual Convention of the Collaborative Family Healthcare Association, Austin, TX.

HEEL: Healthy Eating and Exercise for Life. A Brief Pediatric Obesity Program in Primary Care (November 2012). Poster presented at the Association of Behavioral and Cognitive Therapists, National Harbor, MD.

A Brief ACT Hypertension Intervention (October 2013). Poster presented at the Annual Convention of the Collaborative Family Healthcare Association, Broomfield, CO.

ACT in Primary Care (June 2014). Symposium presented at the Annual Convention of the Association of Contextual Behavioral Science.

ACT in Primary Care Behavioral Health (July 2014). Invited speaker at the quarterly meeting of the Washington Chapter of Association of Contextual Behavioral Science.

Implementing a Primary Care Behavioral Health Model of Care: How Do You Evaluate It? (October 2014) Symposium Presented at the Convention of the Collaborative Family Healthcare Association, Washington D.C.

Stress, Psychological Flexibility, and Behavioral Health Satisfaction- An Assessment and Intervention Study with Primary Care Providers. (October 2014). Symposium presented at the Convention of the Collaborative Family Healthcare Association, Washington D.C.

Integrated Primary Care Behavioral Health- Presentation to the School of Social Work, University of Michigan (March 2015).

Oh By The Way... Integrated Primary Care Behavioral Health. Presentation to Children's Hospital Ground Rounds-Warmington Lecture (April 2015).

Integrated Primary Care Behavioral Health- Presentation to the Clinical Psychology Doctoral Program at Northwest University (May 2015).

Risk Assessment and Chronic Pain Management. Presentation provided at HealthPoint all staff meeting (October 2015).

What's With All the Numbers? Quality Indicators within Integrated Behavioral Health Programs. Symposium presented at the Collaborative Family Healthcare Association Annual Conference in Portland, OR. (October 2015).

Trident Approach to Primary Care Behavioral Health. Poster presented at the Collaborative Family Healthcare Association Annual Conference Portland, OR (October 2015).

The "Who What When Where Why" of Integrated Care. CE presentation provided at the Annual Washington State Psychological Association Conference (Dec 2015).

Professional Resiliency Program for Healthcare Providers, Spirited Primary Care: A Brief Intervention for Primary Care Providers, Professional Resiliency Training for Pediatric Providers – A Pilot Program. A symposium presented at the Association of Contextual Behavioral Science Conference in Seattle, WA (June 2016).

Moving beyond integration to transformation: Practice-based innovations and strategies that transformed PCBH practice. A symposium presented at the Collaborative Family Healthcare Association Annual Conference in Charlotte, NC. (October 2016).

If you build it, they will come: Practice Based Innovations to Grow an Expanding BHC Service. A symposium presented at the Collaborative Family Healthcare Association Annual Conference in Houston, TX. (October 2017).

Building Resiliency While Engaging Your Values in a Stressful World (2017). A presentation provided to the greater Western Washington YMCA staff. Seattle, WA. (February 2018)

Publications

Bauman, D., Beachy, B., Baker, M., Wilson, A., Tiernan, K., & Sathiraboot, C. T. (in revision). *Improving work flow, utilization, and teamwork in patient-centered medical homes: A behavioral health integration strategy.*

Levy, R.L., van Tilburg, M., Langer, S.L., Romano, J., Walker, L.S., Mancl, L.A., Murphy, T.B., Claar, R.L., Feld, S.I., Christie, D.L., DuPen, M.M., Swanson, K.S., Baker, M.D., Stoner, S.A., & Whitehead, W.E. (in review). Effects of a large cognitive behavioral therapy intervention trial to improve disease outcomes in children with inflammatory Bowel Disease. *American Journal of Gastroenterology.*

Awards

HealthPoint Monthly Extra Step Award- June 2012

HealthPoint Extra Step Annual Award Dec 2012- HealthPoint annual all staff meeting; awarded to one staff member

Society Membership

American Psychological Association

Collaborative Family Healthcare Association-Primary Care SIG group

Association of Contextual Behavioral Science

Society of Behavioral Medicine

Division 38 Health Psychology

Fellow of the American Academy of Clinical Health Psychology